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ORIGINAL ARTICLE

Genomics and metagenomics of trimethylamine-utilizing Archaea in the human gut microbiome

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The biological significance of Archaea in the human gut microbiota is largely unclear. We recently reported genomic and biochemical analyses of the Methanomassiliicoccales, a novel order of methanogenic Archaea dwelling in soil and the animal digestive tract. We now show that these Methanomassiliicoccales are present in published microbiome data sets from eight countries. They are represented by five Operational Taxonomic Units present in at least four cohorts and phylogenetically distributed into two clades. Genes for utilizing trimethylamine (TMA), a bacterial precursor to an atherosclerogenic human metabolite, were present in four of the six novel Methanomassiliicoccales genomes assembled from ELDERMET metagenomes. In addition to increased microbiota TMA production capacity in long-term residential care subjects, abundance of TMA-utilizing Methanomassiliicoccales correlated positively with bacterial gene count for TMA production and negatively with fecal TMA concentrations. The two large Methanomassiliicoccales clades have opposite correlations with host health status in the ELDERMET cohort and putative distinct genomic signatures for gut adaptation.

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Introduction

The human microbiome is now recognized as an environmental modifier of disease risk (Grice and Segre, 2012). Definition of the catalog of taxa and gene functions in multiple large-scale projects, with a particular emphasis on the gut, has allowed the identification of altered microbiota compositions or functional states that correlate with disease states (Qin *et al.*, 2010; Human Microbiome Project Consortium, 2012; Le Chatelier *et al.*, 2013; Forslund *et al.*, 2015; Falony *et al.*, 2016). Most large-scale microbiome studies have focussed on the Bacteria, with relatively little attention being paid to the viral, micro-eukaryotic and archaeal components. It is notable, however, that the domain Archaea is the only domain of life that includes no pathogenic members. Their association with human health have been questioned for many years since the pioneering study by the Levitt group (Bond *et al.*, 1971) and the isolation of the first two methanogen species consistently found in the human microbiota, *Methanobrevibacter smithii* (Miller *et al.*, 1982) and *Methanosphaera stadtmanae* (Miller and Wolin,

1985). These two taxa belong to the Methanobacteriales order. There is one clear case of health association evident in the higher occurrence rate of *Methanobrevibacter oralis* in periodontal diseases, whereby this methanogen could promote the growth of pathogenic bacteria by lowering the redox level (Lepp *et al.*, 2004). Independent of health condition, another commonly reported trend is the increase of methanogen occurrence and diversity among older adults (Mihajlovski *et al.*, 2010; Dridi *et al.*, 2012a; Fernandes *et al.*, 2013; Polag *et al.*, 2014). However, beyond those two associations, few links between methanogen occurrence/abundance and health conditions have been consistently reported over multiple studies. Several recent findings and mechanistic hypotheses have offered new perspectives on potential implications of methanogens for human health (as reviewed in Gaci *et al.*, 2014; Bang and Schmitz, 2015; Horz, 2015; Lurie-Weinberger and Gophna, 2015). Among these, three studies have reported that *Msp. stadtmanae*, but not *Mbr. smithii*, could have an important pro-inflammatory effect in the lung (Blais Lecours *et al.*, 2011) and in the gut (Bang *et al.*, 2014; Blais Lecours *et al.*, 2014). Moreover, occurrence of *Msp. stadtmanae* is more frequent in subjects with inflammatory bowel disease (Blais Lecours *et al.*, 2014), raising questions about its potential role in the development of allergic and autoimmune diseases (Bang and Schmitz, 2015).

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During the same time frame, our understanding of the diversity of human-associated methanogens was extended by the description of three novel methanogen species, *Methanomassiliicoccus luminyensis* (Gorlas *et al.*, 2012; Dridi *et al.*, 2012b), ‘*Candidatus* Methanomassiliicoccus intestinalis Mx1’ (Borrel *et al.*, 2013) and ‘*Candidatus* Methanomethylophilus alvus Mx1201’ (Borrel *et al.*, 2012), constituting the first cultured and sequenced representatives of a novel order of Archaea, the Methanomassiliicoccales. The characterization of these methanogens led us to propose that human-associated Archaea might even have unexpected positive effects on health (Brugère *et al.*, 2014; Gaci *et al.*, 2014). Specifically, these species have the genetic potential to deplete a deleterious compound, trimethylamine (TMA), through methanogenesis based on the H₂-dependent reduction of methyl compounds (Borrel *et al.*, 2014). This predicted metabolic activity was subsequently confirmed by biochemical characterization of *Mmc. luminyensis* (Brugère *et al.*, 2014). In the human body, TMA is produced exclusively by the activity of gut bacteria (Koeth *et al.*, 2013). After diffusion into the blood, TMA is oxidized by the liver enzyme FMO3 monooxygenase into trimethylamine-*N*-oxide (TMAO), a molecule increasingly recognized as an important factor for the development of cardiovascular disease (Wang *et al.*, 2011; Zhu *et al.*, 2016) and chronic kidney diseases (Tang *et al.*, 2015). Also, the physiological deficiency of the liver FMO3 monooxygenase prevents the oxidation of TMA to TMAO and causes trimethylaminuria, a condition that affects 0.5%–11% of people across distinct ethnic populations (Mitchell *et al.*, 1997; Mackay *et al.*, 2011). By removing TMA directly from its source, naturally occurring Methanomassiliicoccales representatives could help to prevent cardiovascular disease, chronic kidney diseases or trimethylaminuria. Thus we proposed that human-associated Methanomassiliicoccales strains could be used as probiotics, namely, ‘Archaeobiotics’, particularly for mitigating trimethylaminuria (Brugère *et al.*, 2014). However, the functional diversity of human-associated Methanomassiliicoccales is still poorly understood and many aspects need further exploration in order to clarify their role in TMA bioremediation (naturally occurring or deliberately instigated) and other yet undefined connections with human health.

In the present study, we identified the predominant Methanomassiliicoccales representatives associated with the human gut microbiome based on a meta-analysis of published data sets and novel data from the ELDERMET cohort of older subjects (>64 years of age) in Ireland (Claesson *et al.*, 2011, 2012; O’Toole and Jeffery, 2015). The capacity of predominant Methanomassiliicoccales species to utilize TMA was then assessed by analyzing six genomes assembled *de novo* from ELDERMET metagenomics data and by the biochemical characterization of ‘*Ca. Mmp. alvus*’. Additionally, we determined

Methanomassiliicoccales levels in ELDERMET gut samples and compared them with fecal TMA concentrations. Functional links between TMA-producing bacteria and Methanomassiliicoccales were further explored by evaluating the effect of the redundancy and level of four distinct bacterial TMA-producing pathways on Methanomassiliicoccales distribution. Previous analyses of the ELDERMET cohort have focussed on diet–microbiota–health interactions and reported an accelerated health decline linked with diet modification and a strong shift in the bacterial microbiota composition after subjects entered long-term residential care (Claesson *et al.*, 2011, 2012; O’Toole and Jeffery, 2015). We investigated how Methanomassiliicoccales distribution is affected by this important lifestyle modification. Putative genomic signatures accounting for differential abundance of these Archaea were identified.

Experimental Procedures

ELDERMET cohort data

The subjects are Irish people aged >64 years. They were recruited as previously described (Claesson *et al.*, 2011). Ethical approval was obtained from the Cork Clinical Research Ethics Committee. Subjects provided an informed consent. In case of cognitive impairment, consent was given by the next-of-kin to the subject. None of the subjects has an advanced organic disease, alcohol abuse or participates to a drug intervention. The average age of the 371 ELDERMET subjects is 78 (±8) years and range from 64 to 102 years. Frailty of the subjects was previously assessed with Functional Independence Measure index and Barthel Score (Jeffery *et al.*, 2016).

Molecular methods and bioinformatics

DNA extraction and bacterial 16S rRNA amplicon sequencing was previously performed on 732 stool samples from the 371 ELDERMET subjects as described in Jeffery *et al.*, (2016). Shotgun sequencing of the total fecal DNA of a subset of 190 ELDERMET samples was performed using the Illumina HiSeq 2000 (Illumina Inc., San Diego, CA, USA) to generate 100 bp paired-end read libraries following the manufacturer’s instructions. Reads were assembled *de novo* using IDBA_UD v1.1.1 (Peng *et al.*, 2012).

Methanomassiliicoccales 16S rRNA sequences from publically available cohorts/data sets were obtained from NCBI, EMBL or were provided by the authors of published studies and used to query (with blastn) the ELDERMET metagenomes to identify Methanomassiliicoccales 16S rRNA within this cohort. Operational Taxonomic Units (OTUs) were defined using the USEARCH suite of algorithms on publically available and newly identified ELDERMET 16S rRNA gene sequences (Edgar, 2010).

The cluster_fast script was implemented with the length sorting option and a 97% identity cutoff.

Six ELDERMET samples having Methanomassiliicoccales 16S rRNA genes on contigs >10 kb in their associated metagenomes were resequenced in order to improve the length and coverage of Methanomassiliicoccales sequences. Newly obtained reads were pooled and assembled with reads from the first sequencing round. Draft genomes were constructed from six metagenomic samples with Methanomassiliicoccales contigs identified based on binning by read coverage, guanine–cytosine content and tetranucleotide frequency using Emergent Self-Organizing Maps (Dick *et al.*, 2009; Supplementary Figure S1) and comparisons to publically available reference genomes. Tetranucleotide frequency calculations were performed on 5–10 kb fragments of scaffolds >5 kb. Completeness and contamination of the draft genomes were estimated based on a presence/absence analysis of 199 single-copy marker genes shared by complete genomes belonging to the Diaforarchaea, the super-class of Archaea containing the Methanomassiliicoccales (Supplementary Table S1). KEGG (Kyoto Encyclopedia of Genes and Genomes) orthology (KO) annotation was carried out with BlastKOALA (Kanehisa *et al.*, 2016). The core, variable and pan-genome were computed with SiLiX (Miele *et al.*, 2011), using the online Microscope platform of Genoscope (<http://www.genoscope.cns.fr>) with threshold cutoffs of 50% identity and 80% alignment length. Genome annotation was performed using the NCBI Prokaryotic Genome Annotation Pipeline and results were manually curated. Proteins containing the Flg_New (pfam09479) and Sel1_repeat (pfam09479) domains were identified with IMG/ER database (November 2015) against 13 871 draft and complete prokaryotic and eukaryotic genomes (Markowitz *et al.*, 2012).

Quantification of the ‘Host-associated clade’ Methanomassiliicoccales and ‘Free-living clade’ Methanomassiliicoccales, as well as *Mbr. smithii* and *Msp. stadtmanae* were performed by quantitative PCR (qPCR) using newly designed primers (Supplementary Table S2). The detection level and specificity of these primers was evaluated based on comparisons with metagenomic reads mapping to the corresponding 16S rRNA genes as described in Supplementary Experimental Procedures and Supplementary Figure S2. For absolute quantifications, a standard was added to all qPCR. It was prepared using a plasmid containing a cloned 16S rRNA or *mcrA* amplicon, which was serially 10 times diluted from 10^8 to 10^2 copies per μ l. Bacteria were quantified using the F_Bact1369/R_Prok1492 primer set (Sokol *et al.*, 2009) and were used to determine relative abundance of the four quantified archaeal lineages. Quantifications were performed on 342 ELDERMET subjects. The potential association of the four lineages of Archaea with the four bacterial microbiota modules defined by Jeffery *et al.* (2016), grouping OTUs as Core,

Diversity-Associated, Longstay-Associated and Reduced Core, was determined by correlating their abundance with the sum of logged abundances of rarefied OTUs from each module for each subject. The correlation test performed was Pearson’s product moment correlation. Differences in prevalence or relative abundance of methanogens (species or clades) were determined by generalized linear models of either the binomial (prevalence) or quasibinomial (relative abundance) family, in order to adjust for the age of the subjects. The stability of carriage of the four archaeal lineages was evaluated by quantifications performed on 107 stool samples collected 3 months and/or 6 months after the first sampling time. Four additional species specific primer sets were designed to independently target the 16S rRNA gene and the *mcrA* gene of ‘*Ca. Mmc. intestinalis*’ and *Mmc. luminyensis* (Supplementary Table S2).

Samples containing Methanomassiliicoccales representatives that likely have the capacity to deplete TMA were identified based on metagenomic analysis and qPCR, as described in Supplementary Experimental Procedures. Identification of bacterial TMA production markers (*cntA/yeaW*, *cutC*, *grdH*, *torA*) in the ELDERMET metagenomes is described in Supplementary Experimental Procedures.

Measurement of fecal TMA levels

TMA concentrations were measured by proton nuclear magnetic resonance spectroscopy in fecal water samples from 189 subjects, corresponding to the same samples used for molecular biology (amplicon sequencing, shotgun sequencing, qPCR) analysis. The measurements were carried out by The Metabolomic Innovation Center (TMIC, Edmonton, Canada). Sample preparation, nuclear magnetic resonance spectroscopy and compound identification are described in Supplementary Experimental Procedures. The limit of detection was 1 μ M and no values were below this limit.

Characterization of ‘*Ca. Mmp. alvus*’ enrichment culture

The enrichment culture of ‘*Ca. Mmp. alvus*’ corresponds to the culture used for the sequencing of ‘*Ca. Mmp. alvus* Mx1201’ (Borrel *et al.*, 2012). Growth experiments were performed in a modified DSMZ medium 119 under a $N_2/H_2/CO_2$ (55:35:10) gas phase. Modifications consist of the addition of 5 ml l^{-1} of trace element solution and vitamin solution from the DSMZ medium 141 and replacement of sludge fluid by rumen fluid. Methanol and TMA (both Sigma-Aldrich, Munich, Germany) were added at a final concentration of 20 mM. Growth of ‘*Ca. Mmp. alvus*’ and bacteria in the presence of TMA+ H_2 , methanol+ H_2 or with H_2 in the absence of methyl compound was measured by qPCR with primers used for quantifying the ‘Host-associated

Table 1 Methanomassiliicoccales OTUs predominantly associated with the human gut microbiome across multiple cohorts

Reference	Method	Target gene	Cohort origin	Number of subjects	Age range	Number of OTUs	Occurrence of OTUs found across > 4 studies
Mihajlovski et al. (2008)	PCR cloning	16S/ <i>mcrA</i>	France	6	25–69	1	Mint ^a /Mlum
Scanlan et al. (2008)	PCR cloning	<i>mcrA</i>	Ireland	207	19–74	1	Mint/Mlum
Mihajlovski et al. (2010)	PCR cloning	16S/ <i>mcrA</i>	France	60	0–90	5	Mint/Mlum, Malv ^b , Mx-02, Mx-03, Mx-04
Dridi et al. (2012a)	qPCR	16S	France	500	0–100	—	Mint/Mlum ^c
Hoffman et al. (2013)	NGS on amplicons	16S	USA	96	18–40	3	Mint/Mlum, Mx-06
Nielsen et al. (2014)	Metagenomic	—	Denmark/Spain	396	18–70	1	Malv
Goodrich et al. (2014)	NGS on amplicons	16S	UK	977	23–86	5	Mint/Mlum, Mx-02, Mx-03, Mx-06
Clemente et al. (2015)	NGS on amplicons	16S	Amerindian	12	7–48	3	Mx-02, Mx-06
Vanderhaeghen et al. (2015)	PCR cloning	16S	Switzerland	44	8–78	1	Mx-02
Pozuelo et al. (2015)	NGS on amplicons	16S	Spain	179	18–86	5	Mint/Mlum, Malv, Mx-06
This study	Metagenomic	—	Ireland	190	64–102	5	Mint/Mlum, Malv, Mx-02, Mx-03, Mx-06

Abbreviations: NGS, next-generation sequencing; OTU, Operational Taxonomic Unit; qPCR, quantitative PCR. For the 'Ca. Mmc. intestinalis'/'Mmc. luminyensis' OTU, 'Mint' was underlined when the sequences were identical or closer to 'Ca. Mmc. intestinalis' than 'Mmc. luminyensis'.

^aNamed Mx-01.

^bMx-05 in this early study.

^cPresence of *Mmc. luminyensis* was determined with primers and probe having only one mismatch with 'Ca. Mmc. intestinalis'. Mint, 'Ca. Mmc. intestinalis'; Mlum, *Mmc. luminyensis*; Malv, 'Ca. Mmp. alvus'. Presence of 'Ca. Mmc. intestinalis' in Scanlan et al. (2008) and Mihajlovski et al. (2010) was inferred by identification of *mcrA* sequences having > 99% nucleotide identity with the *mcrA* sequence of this species.

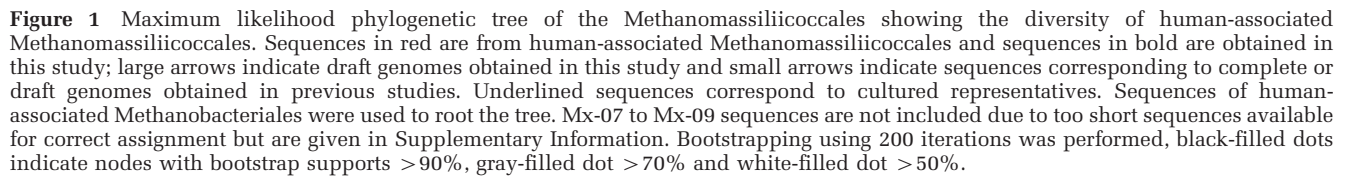
clade' Methanomassiliicoccales ELDERMET cohort (Supplementary Table S2). Methane and hydrogen present in the headspace were measured with a gas chromatograph after 5 days of incubation.

Results and Discussion

Five candidate species from the order Methanomassiliicoccales were most frequently found across 10 cohort data sets analyzed

To date, only two studies specifically investigated Methanomassiliicoccales diversity and distribution in multiple human subjects. Our previous study by Mihajlovski et al., (2010) reported five different Methanomassiliicoccales OTUs designated Mx-01 to Mx-05, while the study of Vanderhaeghen et al. (2015) identified only one OTU that showed high sequence similarity to Mx-02. Mx-01 and Mx-05 Methanomassiliicoccales have now been cultured and correspond to 'Ca. Mmc. intestinalis' and 'Ca. Mmp. alvus', respectively (Borrel et al., 2012, 2013). In order to determine the prevalence and abundance of Methanomassiliicoccales representatives in the human microbiome, we made a census of Methanomassiliicoccales sequences present in 10 studies on the human gut microbiota (Mihajlovski et al., 2008; Scanlan et al., 2008; Mihajlovski et al., 2010; Hoffmann et al., 2013; Goodrich et al., 2014; Nielsen et al., 2014; Clemente et al., 2015; Pozuelo et al., 2015; Vanderhaeghen et al., 2015), extending these data sets with 16S rRNA gene sequences extracted from 190 previously unpublished shotgun metagenome data sets from the ELDERMET cohort.

A total of nine Methanomassiliicoccales OTUs (97% identity cutoff) were identified across this combined survey of the human gut microbiome and these likely represent distinct species. Among them, five were detected in at least four cohorts from four different countries and could be considered as the Methanomassiliicoccales representatives most predominantly associated with the human gut microbiome (Table 1). The most widely distributed OTU, found in 8 out of the 11 cohorts, clusters with 'Ca. Mmc. intestinalis' and *Mmc. luminyensis* sequences. However, in all cohorts analyzed, sequences of this OTU were 100% identical to 'Ca. Mmc. intestinalis' or closer to this species than to *Mmc. luminyensis*. This suggests that 'Ca. Mmc. intestinalis' is more often associated with the human gut microbiome than *Mmc. luminyensis*. One of the five predominant OTUs has never been reported previously and we now designate it as Mx-06 in concordance with our previous nomenclature in Mihajlovski et al. (2010). The three others correspond to 'Ca. Mmp. alvus' and to the uncultured Mx-02 and Mx-03 sequences identified by Mihajlovski et al. (2010). Almost all the predominant human-associated Methanomassiliicoccales OTUs belong to a clade formed by sequences found in the digestive tract of animals ('Host-associated clade'; Figure 1). The only



Within the 190 stool metagenome data sets from the ELDERMET cohort, all Methanomassiliicoccales sequences correspond to the five predominant human gut Methanomassiliicoccales OTUs (Figure 1). All other archaeal sequences from the ELDERMET cohort were assigned to the Methanobacteriales, with 99–100% identity to *Mbr. smithii*. No *Msp. stadtmanae* sequences were detected among assembled genes of the ELDERMET metagenomes (but they were detected by qPCR that has a lower detection limit in our current study; see

following sections), suggesting that this species occurs at lower abundance than the five Methanomassiliicoccales OTUs and *Mbr. smithii* in these elderly subjects. Because this shotgun sequence data are not subject to PCR biases, this finding indicates that Methanobacteriales and Methanomassiliicoccales are the two most abundant archaeal orders in the ELDERMET cohort. The dominance of these two orders is in line with our previous census of the archaeal lineages detected across multiple cohorts (Gaci *et al.*, 2014). Among the predominant human-associated Archaea currently known, only Methanomassiliicoccales Mx-02, Mx-03 and Mx-06 still lack genomic and physiological characterization.

The pan-genome of predominant human-associated Methanomassiliicoccales

We successfully assembled six draft genome sequences of Methanomassiliicoccales from ELDERMET shotgun sequence data (Table 2, Figure 1, Supplementary Figure S1). Each draft genome was obtained from a single metagenome. Three draft genomes correspond to the uncultured Methanomassiliicoccales Mx-02, Mx-03 and Mx-06. The three others were closely related to previously sequenced Methanomassiliicoccales genomes. Two were very similar to '*Ca. Mmc. intestinalis* Mx1' and were named '*Ca. Mmc. intestinalis* 138' and '*Ca. Mmc. intestinalis* 183'. The sixth assembled genome was related to '*Ca. Mmp. alvus* Mx1201' and was named '*Ca. Mmp. alvus* 271'. The draft genomes of Mx-02, Mx-03, '*Ca. Mmc. intestinalis* 138', '*Ca. Mmc. intestinalis* 183' and '*Ca. Mmp. alvus* 271' were estimated to be complete and not contaminated (Table 2). The draft genome of Mx-06 was estimated to be 87% complete and was thus not used for the pan-genome analysis.

The pan-genome of the five new Methanomassiliicoccales draft genomes analyzed in combination with the '*Ca. Mmp. alvus* Mx1201', '*Ca. Mmc. intestinalis* Mx1' and *Mmc. luminyensis* genomes was predicted to contain 7119 different gene families. Among these, 457 were shared by all 8 genomes, 1976 were shared by 2–7 genomes and 4686 were unique to 1 genome (Figure 2a). The *Mmc. luminyensis* genome revealed the highest proportion of unique genes (62%). Interestingly, while '*Ca. Mmp. alvus* Mx1201' and '*Ca. Mmp. alvus* 271' were phylogenetically close (Figure 1), they harbored a relatively high proportion of unique gene families (around 30% of their genome), which suggests recent gene losses and acquisitions. This highlights the potential importance and scale of genome plasticity in Methanomassiliicoccales in the gut. The variability of the number of genes with a defined KEGG function is much lower (Supplementary Figure S3). These KO annotated genes mainly correspond to core metabolism. Rarefaction analysis on all genes revealed that the rate of discovery of new gene families is far from reaching a plateau based on the eight genomes available, which is not the case for the KO annotated genes (Figure 2b). Thus a large

proportion of the genes that are unique or variably present had only a general predicted function or an unknown function. Completing the current genomic data on the most common archaeal species found in the human gut microbiota (Fricke *et al.*, 2006; Samuel *et al.*, 2007; Hansen *et al.*, 2011; Borrel *et al.*, 2012, 2013), those genomes are useful to better understand the biology of Archaea in the human gut. We next investigated them to predict their TMA-utilizing capacity and the gut adaptations of these Archaea.

Variation in TMA utilization potential in human gut Methanomassiliicoccales

The five Methanomassiliicoccales representatives with an estimated complete genome are very likely to be methanogens as they harbored genes coding for the methyl coenzyme M reductase complex as well as the 17 other marker genes that are universal and unique to methanogens (Borrel *et al.*, 2014) (Supplementary Table S3). The same assumptions can be made for Mx-06, which was only missing 1 of the 20 methanogenesis marker genes. In line with previously characterized Methanomassiliicoccales genomes, the six novel genomes lacked the genes for reduction of CO₂ by H₂ or methyl group oxidation, and they contained homologs of *mtaA*/*mtbA* involved in methylated substrate utilization. This genomic composition indicated that they likely operate a methanogenesis based on the reduction of methyl compound with H₂, a characteristic shared by all Methanomassiliicoccales so far analyzed. Presence of the genes involved in the utilization of specific methyl compounds (methanol, methanethiol, mono-, di- and TMA) as substrates for methanogenesis was variable among the six newly assembled genomes (Supplementary Table S3). The genes for TMA utilization (*mttBC*) were found in the genomes of '*Ca. Mmp. alvus* 271', Mx-06, '*Ca. Mmc. intestinalis* 138' and '*Ca. Mmc. intestinalis* 183'. Moreover, there was a congruent occurrence of the 16S rRNA and *mttB* genes of these three Methanomassiliicoccales across ELDERMET metagenomes and a strong correlation between the read counts of the '*Ca. Mmc. intestinalis*' 16S rRNA and *mttB* genes (Pearson linear correlation: $r^2 = 0.74$; $P = 10^{-54}$). This indicates that the different strains of these three Methanomassiliicoccales consistently share the predicted capacity to deplete TMA. In contrast, this capacity might be less regularly shared by other predominant human gut Methanomassiliicoccales. Indeed, Mx-03 *mttB* gene is split into two genes coding for N- and C-terminal parts of the canonical *mttB* gene (Supplementary Figure S4), and among the four metagenomes where Mx-03 genome is enriched, no read was mapped on Mx-03 *mttB*. Regarding Mx-02, no *mttB* homolog was found in its draft genome and within the three metagenomes enriched in this methanogen. Supporting this lack in Mx-02, the genes encoding pyrrolysine synthesis and use (*pylSBCD*), an unusual amino acid conserved in

Table 2 Human-associated Methanomassiliicoccales genome characteristics

	<i>Mx-02</i>	<i>Mx-03</i>	<i>Mx-06</i>	' <i>Ca. Mmp. alvus</i> 271'	' <i>Ca. Mmc. intestinalis</i> 138'	' <i>Ca. Mmc. intestinalis</i> 183'	' <i>Ca. Mmp. alvus</i> Mx1201'	' <i>Ca. Mmc. intestinalis</i> Mx1'	<i>Mmc. luminyensis</i>
Genome length (Mb)	1.42	1.91	1.48/1.70 ^a	1.68	1.84	1.89	1.67	1.93	2.64
Number of scaffolds	2	4	269	23	29	24	1	1	26
Number of contigs	2	5	366	23	33	24	1	1	26
Scaffold N50 (Mb)	1.06	1.49	0.005	0.1	0.17	0.17	NA	NA	NA
Estimated completeness (%) ^b	100	100	87	100	100	100	NA	NA	NA
Estimated contamination (%) ^b	0	0	0	0 ^c	0	0	NA	NA	NA
Coverage	17 ×	13 ×	4 ×	17 ×	12 ×	12 ×	37 ×	43 ×	ND
G+C content (%)	47.6	59.6	58.3	60.3	41.2	41.4	55.6	41.3	60.5
rRNA genes (5S-16S-23S)	3 (1-1-1)	3 (1-1-1)	3 (1-1-1)	4 (2-1-1)	4 (2-1-1)	4 (2-1-1)	4 (2-1-1)	4 (2-1-1)	4 (2-1-1)
tRNA genes	46	46	36	45	45	45	45	45	48
Number of protein-coding genes	1430	1861	1240	1594	1780	1814	1653	1832	2661
Accession number	LVVQ01000000	LVVR01000000	LVVU01000000	LVVP01000000	LVVS01000000	LVVT01000000	CP004049	CP005934	CAJE01000000
Reference	This study	This study	This study	This study	This study	This study	Borrel <i>et al.</i> (2012)	Borrel <i>et al.</i> (2013)	Gorlas <i>et al.</i> (2012)

Abbreviations: NA, not applicable; ND, not displayed.

^aComplete genome length estimated from current genome completeness.^bBased on the single occurrence of 199 genes that are present in single copy in all previously published complete genomes of Methanomassiliicoccales and 3 other Diaforarchaea, *Ferroplasma acidimanus* (CP004145.1), *Acidilobifundum boonei* (CP001941.1) and Uncultured marine group II (CM001443.1).^cOne of the single-copy genes is present twice in the '*Ca. Mmp. alvus* 271' genome, one copy is closely similar to the Methanomassiliicoccales homologs and the other is distantly related to bacterial homologs but is surrounded by genes with high identity to '*Ca. Mmp. alvus* Mx1201' genes, suggesting an horizontal transfer rather than a contamination.

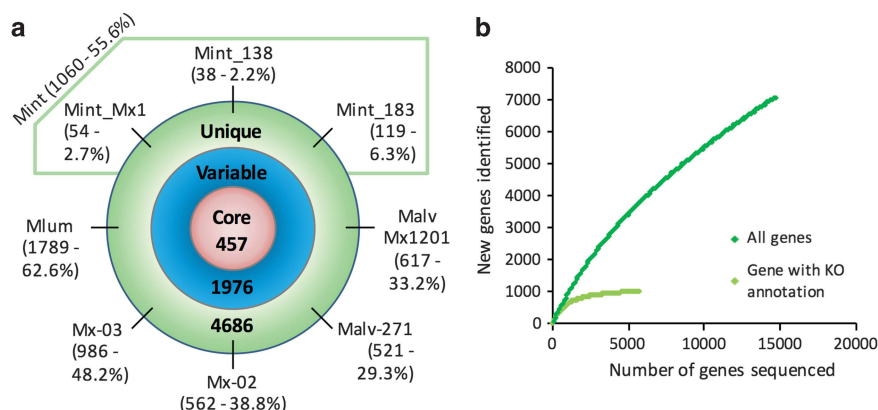


Figure 2 Pan-genome of human-associated Methanomassiliicoccales. (a) Core, variable and unique gene families in the pan-genome of the human-associated Methanomassiliicoccales. Between brackets, the number of unique gene families and the percentage they represent within each genome. The number of unique genes and its percentage are also given for the pan-genome of ‘*Ca. Mmc. intestinalis*’ as the three genomes of this species are very close. Mint, ‘*Ca. Mmc. intestinalis*’; Malv, ‘*Ca. Mmp. alvus*’; Mlum, *Mmc. luminyensis*. (b) Rarefaction analysis of gene family discovery in the pan-genome of human-associated Methanomassiliicoccales, determined on the basis of identity percentage (dark green) and KO annotation (light green).

the catalytic site of all characterized MttB proteins, were not detected in the Mx-02 genome or respective metagenomes. Interestingly, a similar absence of the genes for methylated compound utilization as well as *pylSBCD* genes was also observed in the Methanomassiliicoccales RumEn M2, and for the moment, the electron acceptors of these methanogens remain unknown (Söllinger *et al.*, 2016). The capacity to deplete TMA is thus potentially not shared by all the Methanomassiliicoccales that are commonly present in the human microbiota.

Intestinal Methanomassiliicoccales prevalence/abundance correlated with microbiota potential for modulating TMA

We hypothesized that the occurrence of Methanomassiliicoccales representatives with predicted ability to utilize TMA for growth (‘*mttB* Methanomassiliicoccales’) would be influenced by the TMA production potential of the gut microbiota. Several pathways converting distinct dietary compounds into TMA have been characterized and found in many gut bacteria through genomic analyses (Falony *et al.*, 2015; summarized in Figure 3a). However, the genes encoding these pathways could be variably present between strains of the same species or genera, as recently exemplified for choline conversion to TMA (Martínez-del Campo *et al.*, 2015). For this reason, we did not assess TMA production potential on the basis of 16S rRNA gene composition but based on functional markers responsible for the final step of TMA production within the four pathways (Figure 3a). Those proteins are encoded by *torA* for TMAO conversion (Méjean *et al.*, 1994), *cutC* for choline conversion (Craciun and Balskus, 2012), *grdH* for betaine conversion (Meyer *et al.*, 1995; Wagner *et al.*, 1999) and *cntA/yeaW* for L-carnitine conversion (Koeth *et al.*, 2014; Zhu *et al.*, 2014). At the threshold of detection

allowed by the sequencing coverage of the current study, marker genes were not detected in every subject but in 70.8% of the subjects for *grdH*, 67.7% for *torA*, 52.1% for *cutC* and 34.9% for *cntA* (Figure 3b). Affiliation of those functional markers and mapping of metagenomic reads on gene sequences (including complete marker genes from HMP genomes) revealed that only a few genera of TMA producers were widely distributed among ELDERMET subjects (Figure 3b, Supplementary Table S4). Among these, *Escherichia coli* strains could be important players in TMA production, being variably involved in TMA production from choline, L-carnitine and TMAO (Figure 3b). *Clostridium* spp., potentially converting choline and betaine to TMA, are phylogenetically diverse and partially comprise uncharacterized species (or not yet sequenced) but collectively could represent important agents of TMA production in the human gut (Figure 3b, Supplementary Table S4). *Dorea formicigenerans* with a potential for conversion of betaine to TMA is widely distributed among subjects but never occurs at high relative abundance.

Samples containing ‘*mttB* Methanomassiliicoccales’ were identified by a combination of qPCR and metagenomic analyses as described in Supplementary Experimental Procedures. Subjects with a higher number of different TMA production pathways encoded by their gut microbiota are more likely to harbor Methanomassiliicoccales representatives that are able to use TMA as substrate. Indeed, ‘*mttB* Methanomassiliicoccales’ were detected in 6% of the ELDERMET subjects with no TMA production pathway detected in their gut microbiota and this proportion progressively increased to 36% among the subjects carrying a microbiota able to produce TMA from four different precursors (Figure 3c). More diversified TMA production pathways in a single subject could allow the conversion of a larger number of different food ingredients into TMA.

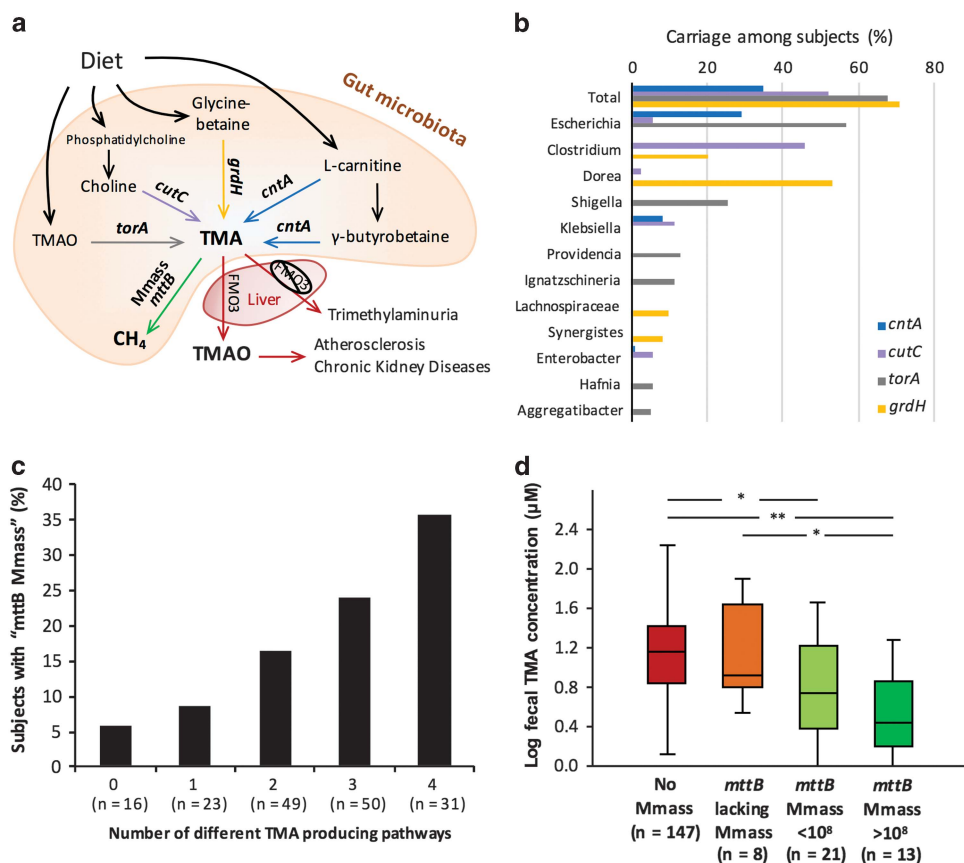


Figure 3 Microbial metabolisms modulating TMA concentrations in the human gut microbiome. (a) Schematic representation of the pathways and associated marker genes modulating TMA concentrations in the gut microbiome and health output related to high TMA productions. (b) Composition and carriage (%) of the potential TMA producers in the ELDERMET cohort. 'Total' corresponds to the percentage of carriage of each marker gene among the subjects, regardless of the affiliation of the marker. (c) Percentage of carriage of Methanomassiliicoccales representatives in subgroups of subjects having no TMA production pathway or one to four different TMA production pathways detected in their microbiota. (d) Concentrations of fecal TMA (logged) among subjects without or with Methanomassiliicoccales detected at different concentrations. No Mmass, no Methanomassiliicoccales detected; Mmass without *mttB*, Methanomassiliicoccales potentially lacking the capacity to deplete TMA; *mttB* Mmass <10⁸ and *mttB* Mmass >10⁸, Methanomassiliicoccales potentially depleting TMA having a concentration lower and higher than 10⁸ cell per g stool, respectively. Significant differences between groups are determined with Mann–Whitney test, **P* < 0.05, ***P* < 0.001.

A more regular production of this molecule might help Methanomassiliicoccales to colonize and persist in the microbiota. The influence of TMA-producing bacteria in the presence of Methanomassiliicoccales is also suggested by a higher abundance of TMA production pathways, and more specifically those for carnitine (*cntA*) and choline (*cutC*) conversion, in subjects with '*mttB* Methanomassiliicoccales' than without Methanomassiliicoccales (Supplementary Figure S5). In addition to pathway redundancy, a higher TMA production capacity of the microbiota would thus help the Methanomassiliicoccales to develop in the human gut.

The predicted ability of human-associated Methanomassiliicoccales to deplete TMA in the gut was supported by comparison of experimentally determined fecal TMA concentrations in subjects harboring '*mttB* Methanomassiliicoccales', '*mttB* lacking Methanomassiliicoccales' and subjects not carrying Methanomassiliicoccales (Figure 3d). Lower TMA concentrations were found in fecal samples of subjects carrying '*mttB* Methanomassiliicoccales'

than in subjects without Methanomassiliicoccales. The difference in fecal TMA concentrations between subjects carrying '*mttB* Methanomassiliicoccales' and subjects without Methanomassiliicoccales was more significant when the abundance of '*mttB* Methanomassiliicoccales' was >10⁸ cells per gram of stool than below (Figure 3d). Moreover, no significant difference in fecal TMA concentration was found between subjects carrying '*mttB* lacking Methanomassiliicoccales' and subject without Methanomassiliicoccales (Figure 3d). Those results parallel the negative correlation between Methanomassiliicoccales abundance and urinary TMAO level recently reported in a study of rumen communities in lambs (Morgavi *et al.*, 2015). In the current study, while the presence of '*mttB* Methanomassiliicoccales' was associated with lower fecal TMA concentrations, an increased number of different TMA production pathways was not significantly associated with higher fecal TMA concentrations. This could be due to variable level of expression of those pathways depending on diet and potentially through

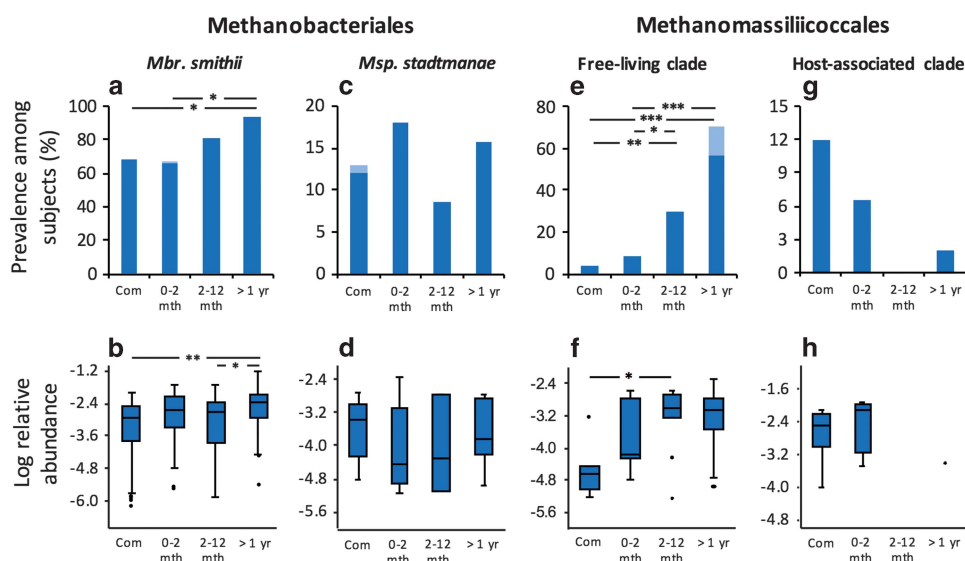


Figure 4 Prevalence and relative abundance of methanogens among elderly subjects living in community and according to the time spent in residential care. Prevalence and relative abundance are presented for *Methanobrevibacter smithii* (a and b), *Methanosphaera stadtmanae* (c and d), ‘Free-living clade’ Methanomassiliicoccales (e and f) and the ‘Host-associated clade’ Methanomassiliicoccales (g and h). In panels (a), (c), (e) and (g), the dark blue bars represent prevalence among subjects at T0, while the clear blue bars take into account subjects positive for at least one time point. For prevalence, Community (Com), $n = 125$; Residential care 0–2 months (mth), $n = 61$; 2–12 months, $n = 47$; >1 year, $n = 51$. Statistical analysis and representation of the relative abundance of methanogens were carried out on subjects with a positive detection of methanogens. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. Day hospital category is not presented for clarity but is never different from Community.

leveling of high TMA values by its assimilation. *In situ* depletion of TMA by Methanomassiliicoccales representatives awaits experimental confirmation by following blood TMAO concentration in an animal model with defined diet and microbiota composition. These biomanipulations will require isolated strains of the ‘*mttB* Methanomassiliicoccales’ predominantly found in the human microbiota, that is, ‘*Ca. Mmp. alvus*’, ‘*Ca. Mmc. intestinalis*’ or *Mx-06*. Using an enrichment culture of ‘*Ca. Mmp. alvus*’ (Borrel *et al.*, 2012), we confirmed the capacity of this species to use TMA as a substrate by growth and metabolite analysis (Supplementary Figure S6), making it promising for future experiments on controlled gut microbiota systems for TMA production/depletion. This *in vivo* validation of genome annotation further supports the notion that the predominant ‘*mttB* Methanomassiliicoccales’ could deplete TMA within the human gut. Beyond the interesting potential for the removal of deleterious methylated compounds by Methanomassiliicoccales in the human gut, it is important to better understand the general biology and ecology of these methanogens in the human gut and their overall interaction with the bacterial microbiome.

Representatives of the two main Methanomassiliicoccales clades have different interactions with the gut microbiome and clinical metadata

Subjects of the ELDERMET cohort are living in the community or in residential care (either long term or

rehabilitation). Previous studies on this cohort have revealed a progressive shift in the gut microbiota composition of subjects entering long-term residential care (‘longstay subjects’) (Claesson *et al.*, 2012; O’Toole and Jeffery, 2015; Jeffery *et al.*, 2016). Detailed analysis of these changes has shown a gradual loss of health-associated bacteria (gathered under the Diversity-Associated module) and their replacement by bacteria (Longstay-Associated module) associated with increased frailty (Jeffery *et al.*, 2016). This recent analysis showed that frailty and frailty-related microbiota alterations may occur independently of age and residence location (Jeffery *et al.*, 2016). This alteration of the bacterial microbiota is likely driven by diet and could contribute to accelerated age-related health decline (Claesson *et al.*, 2012). We now report that the composition of human gut Archaea, albeit a much less diverse than bacteria, is also gradually changing after the subjects enter residential care. (For simplicity, one intermediate residence location, day hospital, was omitted). This was investigated by using qPCR to determine the prevalence of members of the two main clades of Methanomassiliicoccales, the ‘Host-associated clade’ and the ‘Free-living clade’ (Figure 1), as well as *Mbr. smithii* and *Msp. stadtmanae*. Three hundred and forty-two of these samples had been collected at one time point (T0) and 107 subjects sampled at one or two additional time points separated by 3 months (T3 and T6).

Of the two Methanobacteriales species targeted, only *Mbr. smithii* carriage rates interacted with time spent in residential care (Figure 4a). Being present in

almost 70% of community-dwelling subjects, it became nearly ubiquitous (94%) among residents of >1 year and occurred at a higher relative abundance than in community-dwelling subjects (Figure 4b). Accordingly, *Mbr. smithii* positively correlates with the Longstay-Associated module of intestinal bacterial taxa ($\rho = 0.46$; 10^{-21}). Despite this association, *Mbr. smithii* has been previously reported as a common component of the human gut microbiota without particular distribution according to health status (Scanlan *et al.*, 2008; Blais Lecours *et al.*, 2014). Moreover, *Mbr. smithii* has been reported to have a low inflammatory potential (Bang and Schmitz, 2015), suggesting that it is not directly contributing to increased inflammation associated with health decline among longstay subjects (Claesson *et al.*, 2012). The carriage rate and abundance of *Msp. stadtmannae* was not significantly different between community and residential care dwellers (Figures 4c and d). This suggests that, in the present case, *Msp. stadtmannae* is not associated with increased inflammation levels of longstay subjects (Claesson *et al.*, 2012) and contrasts with the previously suggested link between this methanogen species and inflammation (Blais Lecours *et al.*, 2014).

In comparison to Methanobacteriales, more significant prevalence differences were noted for the Methanomassiliicoccales. Indeed, the carriage rate of 'Free-living clade' Methanomassiliicoccales was low among community-dwelling subjects (4%) but progressively increased with time spent in residential care to 55% among subjects being resident for longer than a year (Figure 4e). Additionally, six longstay subjects with no 'Free-living clade' Methanomassiliicoccales detected at T0 became positive for these methanogens at either T6 or T3+T6 and were thus potentially newly colonized during this 6-month period. Taking into account those subjects, the maximum prevalence of this clade could reach up to 70% (Figure 4e). Furthermore, this higher prevalence was coupled with a >10-fold increase in the average relative abundance of 'Free-living clade' Methanomassiliicoccales after 2 months living in residential care (Figure 4f), at which they stabilized (Supplementary Figures S7A and B). In addition, subjects harboring 'Free-living clade' had a higher frailty level, when considering all subjects or only residential care subjects (Supplementary Figure S8). This prompted us to identify which members of this clade are associated with this strong trend. Detailed investigation using species-specific primers and metagenomic analysis revealed that 90% of the subjects positive for this clade were carrying '*Ca. Mmc. intestinalis*', whereas only 5% carried *Mmc. luminyensis*. This supports our analysis of other cohorts that suggests a generally higher proportion of '*Ca. Mmc. intestinalis*' (Table 1). The frequency of carriage of the 'Host-associated clade' Methanomassiliicoccales followed an opposite trend as they gradually disappeared with time spent in residential

care (Figure 4g). This clade is more often present among subjects in better health condition according to frailty indices (Supplementary Figure S8). Despite the progressive shift with time spent in residential care, carriage and relative abundance of Methanomassiliicoccales representatives was mostly stable over a 6-month period (Supplementary Figure S7C). The occurrence of the two clades tended to increase with the age of the subjects but only among community-dwellers for the 'Host-associated clade' and only among residential care subjects for the 'Free-living clade' (Supplementary Figure S9). Moreover, for the same age range, 'Host-associated clade' tended to be higher among community and residential care dwellers and inversely for '*Ca. Mmc. intestinalis*' (Supplementary Figure S9). In agreement with the opposite distribution of the two clades, the 'Free-living clade' Methanomassiliicoccales was positively correlated with the Longstay-Associated module ($\rho = 0.39$; $P < 10^{-14}$) while the 'Host-associated clade' was positively correlated to the Diversity-Associated module ($\rho = 0.21$; $P < 0.001$).

Two questions arise from these contrasting distributions and module associations among Methanomassiliicoccales. Is '*Ca. Mmc. intestinalis*' a deleterious invader while 'Host-associated clade' representatives are normal members of the human gut microbiome? What are the factors leading to the increased colonization of one and the loss of the other among longstay subjects? A part of the answer to these two questions may lie in the relationships between Methanomassiliicoccales and TMA-producing bacteria. Indeed, the prevalence of the different TMA-producing pathways and their redundancy increased with the time subjects spent in residential care (Supplementary Figure S10), potentially raising the level of plasma TMAO and the development of associated cardiac and kidney diseases. The greater level of '*Ca. Mmc. intestinalis*' among longstay subjects could reduce the adverse effect of this molecule on health, and in this way, '*Ca. Mmc. intestinalis*' could be seen more as a beneficial microorganism than a pathobiont. However, the immunogenic potential of this methanogen has not yet been evaluated and should not be neglected when considering its overall impact on health. Although the potentially higher availability of TMA could be a factor promoting the colonization of '*Ca. Mmc. intestinalis*', it does not explain why the TMA using representatives of the 'Host-associated clade' ('*Ca. Mmp. alvus*' and Mx-06) are not favored but instead tend to be lost. Despite multiple attempts to isolate members of the 'Host-associated clade', including those from the human gut, no pure culture of these Archaea has been obtained to date (Borrel *et al.*, 2012; Paul *et al.*, 2012; Borrel *et al.*, 2013; Iino *et al.*, 2013; Jin *et al.*, 2014; Lang *et al.*, 2015; Söllinger *et al.*, 2016). From this observation, it has been previously suggested that members of this clade could be dependent on unrecognized metabolite(s) produced by co-occurring bacteria (Lang *et al.*,

2015). This aspect will need to be further studied to determine whether members of the 'Host-associated clade' present in the human gut could be dependent on some specific bacteria for such metabolites, and whether those bacteria make part of the Diversity-Associated module that tend to be lost among residential care subjects (Jeffery *et al.*, 2016).

As previously mentioned, specialization to the gut microbiome could have occurred several times during the evolution of the Methanomassiliicoccales (Figure 1) (Borrel *et al.*, 2014). In an evolutionary context, it is interesting to observe that the Methanomassiliicoccales representatives that potentially co-evolved with the host for a longer evolutionary period (those of the 'Host-associated clade') were preferentially found in community-dwelling subjects having a health-associated microbiota, while '*Ca. Mmc. intestinalis*', which adapted more recently to this environment, became more prevalent with the progressive alteration of the gut microbiota composition among residential care subjects. Four of the six subjects newly colonized by '*Ca. Mmc. intestinalis*' during the 6 months monitoring had an unstable microbiota as defined by our previous analyses (Jeffery *et al.*, 2016) and one was taking antibiotics. This suggests that microbiota instability could be one of the factors that contribute to helping '*Ca. Mmc. intestinalis*' to colonize the gut among longstay subjects. High prevalence of 'Host-associated clade' has been observed in several cohorts of healthy subjects, such as an Amerindian cohort (Clemente *et al.*, 2015) in which data we found Mx-06 to be present among 80% of the subjects, in a Swiss cohort where Mx-02 was detected in 50% of the subjects (Vanderhaeghen *et al.*, 2015) and in a French cohort of older adults (Mihajlovski *et al.*, 2010) where members of this clade were detected among 40% of the subjects. A high prevalence of '*Ca. Mmc. intestinalis*' in a cohort of healthy subjects has never been observed to date.

Genomic signatures suggesting different archaeal strategies to colonize and persist in the gut microbiome

Previously sequenced and *de novo* assembled genomes of Methanomassiliicoccales were screened for traits that might account for the different distribution of the two clades and potentially explain why '*Ca. Mmc. intestinalis*' is more commonly detected than *Mmc. luminyensis* in the human gut microbiome. Sequences encompassing two conserved domains, Sel1_repeat (pfam08238) and Flg_new (pfam09479, also called Listeria-Bacteroides repeats or B-repeats), were highly enriched in several Methanomassiliicoccales genomes. Comparison to all genomes from the IMG/ER database revealed that the three '*Ca. Mmc. intestinalis*' genomes were among those with the highest number of genes coding for Flg_new-containing proteins while the two '*Ca. Mmp. alvus*' and Mx-03 were among genomes with the highest number of genes coding for Sel1_repeat-containing proteins (Figure 5). Interestingly, Flg_new proteins are absent from all other Archaea (with the exception of two Archaea, *Halosimplex carlsbadense* and *Methanobrevibacter smithii* that have one Flg_new gene each). Our investigation of the lifestyle of the bacteria with high number of genes coding for Flg_new and Sel1_repeat proteins revealed that most of them have been isolated from various animal hosts and body sites (Supplementary Table S5), which is in line with previous functional characterizations and hypotheses on the role of these repeats in host-microbe interactions (Mittl and Schneider-Brachert, 2007; Ebbes *et al.*, 2011). The Flg_new domain was characterized in the internalin InlB of *Listeria monocytogenes*, a protein required for host cell invasion, but this domain is also found in many other membrane-bound proteins with no given function (Ebbes *et al.*, 2011). This domain have structural similarities with β -grasp fold and mucin-binding domains (Ebbes *et al.*, 2011). Most of the Methanomassiliicoccales Flg_new repeat proteins

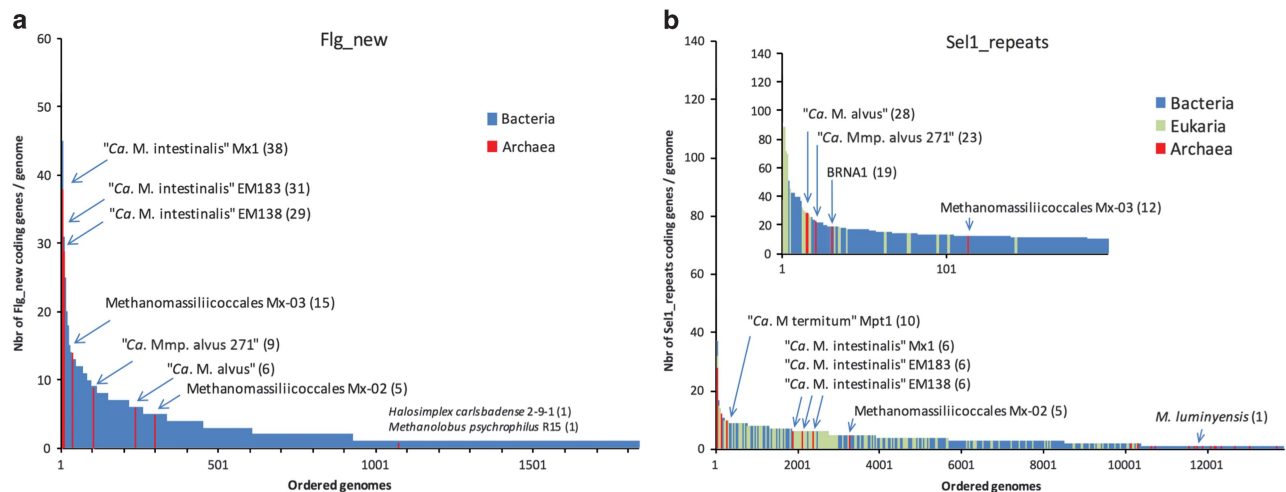


Figure 5 Occurrence of genes encoding for Flg_new and Sel1_repeat domains in Methanomassiliicoccales and other genomes from the three domains of life. Flg_new domains (a) and Sel1 repeat domains (b). Genomes are ordered from the highest occurrence to the lowest occurrence of the genes coding those domains.

have a transmembrane domain at either one or both terminuses and are thus predicted to be almost entirely outside of the cell (Supplementary Table S6). These proteins were very variable in length (ranging from 174 to 5834 amino acids) and in number of Flg_new domains (ranging from 1 to 25) and could have different accessory domains that are redundant across the Methanomassiliicoccales genomes (Supplementary Table S6). This is reminiscent of the asn/thr-rich and adhesin-like proteins that are also associated with the membrane, variable in length and in number of repeat domains and encoded by a high number of genes in *Msp. stadtmanae* and *Mbr. smithii*, respectively (Fricke *et al.*, 2006; Samuel *et al.*, 2007; Hansen *et al.*, 2011). The high heterogeneity and cell surface location of Flg_new proteins suggest that they could be rapidly evolving proteins that underwent repeated recombination events and duplications in order to interact with a wider range of sites in the gut microbiome, as previously suggested for the asn/thr-rich large protein of *Msp. stadtmanae* (Fricke *et al.*, 2006) and the adhesin-like proteins of *Mbr. smithii* (Samuel *et al.*, 2007; Hansen *et al.*, 2011). The Sel1_repeat domain is an eukaryotic-like domain found in proteins that regulate cell processes and that are involved in interactions between bacteria and eukaryotes (Mittl and Schneider-Brachert, 2007). It has been previously reported that a high level of eukaryotic-like proteins is a characteristic feature of bacteria that have a long history of co-evolution with eukaryotic hosts (Cazalet *et al.*, 2004; Hentschel *et al.*, 2012). Interestingly, genes coding for Sel1_repeat proteins tended to be more abundant in genomes of the 'Host-associated clade' Methanomassiliicoccales while genes coding for Flg_new proteins occurred more frequently in '*Ca. Mmc. intestinalis*' genomes (Figure 5). Biochemical characterization of these proteins will help to determine whether they could account for different colonization strategies between members of the 'Host-associated clade' and '*Ca. Mmc. intestinalis*'. *Mmc. luminyensis* was distinguished from all other human-associated Methanomassiliicoccales representatives by having only one gene coding for a Sel1_repeat protein and none for a Flg_new protein (Figure 5). The lack of a Flg_new protein in *Mmc. luminyensis* is particularly striking considering that the closely related '*Ca. Mmc. intestinalis*' have up to 38 genes coding for these proteins. It could thus be wondered whether this distinctive gene composition in *Mmc. luminyensis* could participate to the low prevalence of this species in human cohorts compared with other Methanomassiliicoccales representatives (Table 1). We previously suggested that *Mmc. luminyensis* could have a wider environmental distribution than the human gut, harboring genomic adaptations to thrive in soils such as an number of important genes for oxidative stress resistance or diazotrophy (Borrel *et al.*, 2014). To this can also be added the high-affinity K⁺ transport system (Kdp),

which was proposed as an adaptation to low K⁺ concentration in oligotrophic peat lands (Bräuer *et al.*, 2015). The other human gut-associated Methanomassiliicoccales have a lower number of genes for oxidative stress-resistance proteins and none of the other genes reflecting adaptation to soils present in *Mmc. luminyensis*, highlighting their stronger specialization to gut microbiome membership. Additionally, *Mmc. luminyensis* harbors genes for mercury methylation (*hgcAB*) whose activity was experimentally validated (Podar *et al.*, 2015). These genes were widely detected in anaerobic environments but never in the mammalian gut (Podar *et al.*, 2015), suggesting that they were not retained during the evolution of species composing the commensal microbiota due to the high toxicity of methylated mercury for the host. Their presence in the *Mmc. luminyensis* genome supports that this methanogen is not a common gut commensal. The *hgcAB* genes are not present in any of the six new draft genomes reported in the current study and so mercury methylation by these methanogens is not a consideration for their role in health or disease.

Conclusion

This study highlights that human intestinal Archaea should not be investigated as a uniform group when exploring their potential relationships with health, in line with previous reports of uneven immunogenic potential of human-associated Methanobacteriales species (Blais Lecours *et al.*, 2014; Bang and Schmitz, 2015). Our data provide evidence that some archaeal species among the Methanomassiliicoccales could reduce the adverse effect of TMA through their specific activity and higher occurrence among subjects with high TMA production potential. Our results also indicate that the archaeal component of the gut microbiome is clearly affected after the subjects of this cohort enter residential care. As previously reported for bacteria, this alteration could be related to the significant physiological and lifestyle changes that are features of long-term residential care (Claesson *et al.*, 2011, 2012; O'Toole and Jeffery, 2015). The intriguing high prevalence of '*Ca. Mmc. intestinalis*' among subjects with higher frailty will need further exploration to define whether this species may be favored merely by factors including altered gut transit, instability of the microbiota and increased availability of TMA or if by itself it could trigger inflammation and contribute to frailty. Evaluation of the immunogenic potential of the dominant human gut Methanomassiliicoccales, and more particularly those with a predicted ability to utilize TMA, is needed to determine whether their role could be mostly positive through TMA removal or if a more nuanced role is being played. A better knowledge of the factors influencing their prevalence will be of particular interest as Methanomassiliicoccales

representatives are unevenly distributed in human populations and some cohorts/subjects could be dominated by Methanomassiliicoccales that potentially lack the capacity to deplete TMA (Vanderhaeghen *et al.*, 2015). Although *Mmc. luminyensis* is currently the only Methanomassiliicoccales species isolated from the human gut (or even in general) (Dridi *et al.*, 2012b), it might not be the best model to study the interactions of the representatives of this archaeal order with the gut microbiome and the host. Isolated strains of the Methanomassiliicoccales predominantly associated with the human microbiome will be very valuable to better define the role of Methanomassiliicoccales in health and disease.

Conflict of Interest

The authors declare no conflict of interest.

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Author contributions

Conceptualization: GB, J-FB, and PWO'T; methodology: GB and PWO'T; investigation: GB, JD, and MCN; formal analysis: GB, AMC, and DBL; writing—original draft: GB; writing—review and editing: AMC, J-FB, and PWO'T.

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